



# PMA COMPANIES NOTICE TO EMPLOYEES

**Your employer has provided for the payment of benefits under the Workers' Compensation Act of this State  
IN CASE OF WORK-RELATED INJURY**

- If you suffer a work-related injury, your employer or its insurance company must pay for reasonable surgical and medical services and supplies, orthopedic appliances and prostheses, including training in their use.
- In order to ensure that your medical treatment will be paid for by your employer or the insurance company, you must immediately advise your supervisor of your injury, and be treated by one of the licensed physicians or practitioners of the healing arts listed below:

## **DESIGNATED PHYSICIANS**

**(including address, telephone number, and area of medical specialty)**

### CLINICS

**Concentra Medical Center**  
*Occupational Medicine Clinic*  
2010 Levick Street  
Philadelphia, PA 19149  
215-537-4755  
Fax: 215-537-4406

✓ **MyDoc Urgent Care**  
*Urgent Care Clinic*  
1420 Locust St  
Philadelphia, PA 19102  
215-800-1909

**Concentra Medical Center**  
*Occupational Medicine Clinic*  
7000 Holstein Ave  
Philadelphia, PA 19153  
215-365-7510  
Fax: 215-365-7568

✓ **AFC Urgent Care**  
*Urgent Care Clinic*  
1444 W Passyunk Ave  
Philadelphia, PA 19145  
215-964-9250

**Worknet Occupational Medicine**  
*Occupational Medicine Clinic*  
216 N. Broad St., #101  
Philadelphia, PA 19102  
215-762-8525

✓ **Vybe Urgent Care**  
On Demand Urgent Care Group PC  
*Urgent Care Clinic*  
1550 Spring Garden St Ste R105  
Philadelphia, PA 19130  
267-768-8288

### PHYSICIANS/SPECIALISTS

**Meyers, William C., MD**  
*Surgery: General*  
1435 Vine St  
Philadelphia, PA 19102  
215-965-5200

**Kremens, Daniel E., MD**  
*Neurology*  
909 Walnut St  
Philadelphia, PA 19107  
215-503-2724

✓ **Align Networks**  
*Physical Therapy*  
1 Reed St  
Philadelphia, PA 19147  
866-389-0211

**Philadelphia Spine & Wellness**  
*Chiropractic Medicine*  
100 S Broad St, Philadelphia, PA 19107  
Philadelphia, PA 19107  
866-389-0211  
Fax: 215-988-9533

**MEDRISK**  
**NovaCare**  
*Physical Therapy*  
511 N Broad St Fl 1  
Philadelphia, PA 19123  
800-225-9675

✓ **Gliebus, Gediminas, MD**  
*Drexel Neurology*  
*Neurology*  
245 N 15th St 8th Floor  
Philadelphia, PA 19102  
215-762-6915

**Mercy Medical Associates at Darby**  
*Family Practice*  
1501 Lansdowne Ave Ste 101  
Darby, PA 19023  
610-534-6310

**Zamarin, Richard, MD**  
Concentra Medical Center  
*Orthopedic Surgery*  
7000 Holstein Ave  
Philadelphia, PA 19153  
215-365-7510  
Fax: 215-365-7568

### **Express Scripts Pharmacy Program - To contact your local Express Scripts Pharmacy, please call (800) 897-9470**

The insurance company providing coverage for this business under the Workers' Compensation Law is: PMA Insurance Group

- You must continue to visit one of these persons listed above, if you need treatment, for ninety (90) day from the date of your first visit. If you do not, your employer may not be required to pay these services.
- After this ninety (90) day period, if you still need treatment and your employer had provided a list as set forth above, you may choose to go to another licensed physician or practitioner of the healing arts for treatment. You must notify your employer of this action within five (5) days of your visit to the person of your choice, or your employer may not be required to pay for these services.
- Your bills will be paid for IF: your licensed physician or practitioner of the healing arts files reports as required. (These reports must be filed within ten (10) days after your first visit and at least once a month for as long as treatment continues.)
- In the event a posted panel physician recommends invasive surgery, you may seek a second opinion with a physician of your choice. If you choose to undergo the invasive surgery, you must use a posted physician for the treatment.
- If no list is provided as above, you may go to a licensed physician or practitioner of the healing arts of your choice.
- If one of the persons listed above refers you to another licensed specialist, your employer or his insurer will pay the bill for these services.
- If you are faced with a medical emergency, you may secure assistance from a hospital or physician or practitioner of the healing arts of your choice.

**Name:** Community College of Philadelphia -  
Main Campus

**Address:** 1700 Spring Garden St Philadelphia, PA 19130  
1230937

**Generated:** 12/23/2019  
**Radius:** 8 mile(s)

**REMEMBER, IT IS IMPORTANT TO TELL YOUR EMPLOYER ABOUT YOUR INJURY**

This material is provided for informational purposes only and is not meant to be legal advice. Any person reading or otherwise using the information contained herein acknowledges that the information is provided as a service and is not authorizing any specific treatment or course of treatment. Further, use of any provider listed does not verify or confirm coverage under the Workers' Compensation Act and PMA is not responsible for any losses incurred as a result of any person relying on this information.



# PMA COMPANIES NOTIFICACIÓN A LOS EMPLEADOS

## Su empleador ha previsto el pago de los beneficios derivados de la Ley de Compensación de Trabajadores de este Estado EN CASO DE UNA LESIÓN DE ÍNDOLE LABORAL

- Si usted sufre una lesión de índole laboral, su empleador o la compañía de seguros de éste deben pagar los servicios quirúrgicos y médicos razonables y los suministros, aparatos ortopédicos y prótesis, e incluso el entrenamiento para el uso de éstos.
- A fin de asegurarse de que su tratamiento médico sea pagado por su empleador o la compañía de seguros, usted debe informar inmediatamente a su supervisor acerca de su lesión, y tratarse con uno de los médicos o practicantes de las artes curativas autorizados listados a continuación.

### MÉDICOS DESIGNADOS

(Incluyendo la dirección, número de teléfono, y área de especialidad médica)

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La compañía de seguros que brinda cobertura a esta empresa de conformidad con la Ley de Compensación al Trabajador es:

PMA Insurance Group

- Si usted necesita el tratamiento, usted debe seguir visitando a una de estas personas arriba listadas, durante noventa (90) días a partir de la fecha de su primera visita. Si usted no lo hace, será posible que a su empleador no se le exija pagar estos servicios.
- Después de este período de noventa (90) días, si usted todavía necesita seguir el tratamiento y su empleador había proporcionado la lista arriba indicada, usted puede decidir ir a otro médico autorizado o practicante de las artes curativas para el tratamiento. Usted debe notificar a su empleador acerca de esta acción cinco (5) días después de haber visitado a la persona de su opción, o de lo contrario a su empleador podría no exigirle que pague por dichos servicios.
- Sus facturas serán pagadas SI su médico autorizado o practicante de las artes curativas presenta los informes requeridos. (Estos informes deben ser remitidos dentro de los diez (10) días siguientes a su primera visita y al menos una vez al mes mientras el tratamiento dure.)
- En el caso de que un médico de la lista recomendase cirugía invasiva, puede solicitar una segunda opinión con un médico de su escogencia. Si usted decide someterse a la cirugía invasiva, para el tratamiento debe usar a uno de los médicos listados.
- Si no se proporciona ninguna lista como la arriba indicada, usted puede ir a un médico o practicante de las artes curativas autorizado de su escogencia.
- Si una de las personas arriba listadas lo refiere a otro especialista autorizado, su empleador o su asegurador pagarán la cuenta para estos servicios.

- Si a usted se le presenta una emergencia médica, usted puede obtener ayuda de un hospital o de un médico o practicante de las artes curativas de su escogencia.

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**RECUERDE, ES IMPORTANTE INFORMARLE A SU EMPLEADOR ACERCA DE SU LESIÓN**

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